

## COCKTAILS

Cocktails are mixed drinks that have become popular since the first quarter of the 20<sup>th</sup> century and all bars offer a list of selected cocktails. However, people have been drinking mixed drinks since the inception; no one could really establish the origin of the term 'Cocktail'. It is claimed that the first recipe for a cocktail was lemon juice and powdered mixers, appreciated by Emperor Commodus in the second century AD.

One of many popular notions on the birth of the word cocktail is that during the American War of Independence, in 1779, an innkeeper, Betsy Flanagan of Virginia prepared of chicken she stole from a neighbor who was pro British. She then served the French soldiers with mixed drinks decorated with the feathers from the birds. Her merry French guests toasted her with the words *Vive le cocktail*. Since then the word cocktail was used to mean the mixed drinks. This is of course one of the stories.

The word cocktail was first described in an American magazine *Balance* as 'a mixture of spirits, sugar water and bitters' in 1806

The cocktail gained ground and popularity in the USA, especially during the Prohibition period. The production, transportation and sale of alcoholic beverage were banned in the USA from 1920 to 1933 due to the pressure from religious and political thinkers.

A cocktail is normally a short drink of 3 ½ -4 fluid ounces-anything larger being called a 'mixed drink' or a 'long drink'

### Classification of cocktails

It is estimated that there are over 10 thousand mixed drinks and cocktails in use.

Iced drinks can be roughly divided into four groups

1. **Aperitif:** These stimulate the Appetite. They must therefore be appealing to the eye. Broadly speaking, these drinks are usually made from wines mixed with spirit.
2. **Cocktail:** This the largest group of all, and consists of all short shaken mixed drinks. They should contain a spirit base, coloring and flavouring ingredient or other modifying agent
3. **Long drinks:** These are served in tall tumblers such as High Balls ,or Collins glass
4. **Stimulants:** Instead of going to the doctor, if one has a hangover the bartender will prescribe cocktails or mixed drinks. They are also described as 'Pick me ups'.

### **Components of Cocktail:**

Cocktails have the following components:

**Base:** The major alcoholic drink used in the preparation of a cocktail is called base, which is usually a spirit. Most cocktails are built around spirits. If a cocktail has two or more alcoholic drinks the quantity of the base generally will be more than the other. If two alcoholic drinks are used in same quantity, then the one with the higher that is the sprit is considered as the base. If a cocktail has equal quantities of different spirits then any one of the spirit can be taken as the base.

**Modifier:** These are complimentary ingredients added to modify or enhance the flavours. Spirits, aromatized, wines beer, fruit juices, soda, cream, liqueurs, water etc.

**Flavouring, Colouring and Sweetening Ingredient:** A drink might have very small quantities (few drops) of one or more flavouring and sweetening ingredients to make it different from other drinks. A cocktail can be made without these ingredients

**Garnish:** Many drinks have garnish. They are part of the product. It should be remembered that some drinks do not have standard garnish and it is advisable to serve without any garnish, instead of trying out different garnishes and spoiling the real flavour and value of the drink.

## **METHODS OF MAKING COCKTAIL**

Cocktails are made in any of these following methods according to the type of modifier ingredients

**Building:** It is made by pouring the ingredients one by one in the glass in which it is to be served. If ice is required, it is placed first before adding the ingredients

**Stirring:** refers to mixing of the ingredients with ice by stirring quickly in a mixing glass with a stirrer and then straining to an appropriate glass. It is done very quickly to minimize the dilution.

**Shaking:** It is the mixing of ingredients thoroughly with ice by shaking them in Cocktail shaker and straining into appropriate glasses. Effervescent drinks should never be shaken.

**Blending:** This method is used for combining fruits, solid foods, ice etc in a electric bender. Any drink that can be shaken can be blended. It is a suitable method for making large quantity of mixed drinks

**Layering:** This method is used when the ingredients used are of different colour flavour and density. One ingredient is floated over the other by pouring gently over the back of the spoon into straight-sided glass.

## **POINTS TO NOTE WHILE MAKING COCKTAILS AND MIXED DRINKS**

- Make sure that there is a good supply of ice
- Do not reuse ice.
- Do not touch the ice with hands. Always use scoop or tongs.
- Serve cocktails in chilled glasses
- To avoid spillage, do not fill glasses to the brim
- Do not overfill the cocktail shaker.
- Effervescent drinks must never be shaken. It should be stirred in at last.
- Do not use the liquidizer for effervescent drinks.
- Do not leave the prepared cocktail for a long time as they will separate
- To extract more juice from citrus fruits, Soak them in hot water
- To shake use short and snappy action
- Check the freshness of eggs before adding
- Always place ice first in the mixing glass or shaker followed by nonalcoholic beverage and then non alcoholic beverages.
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## **Cocktail Garnishes**

A garnish is an item that decorates and flavours food and drinks. In bar the garnish most used are fruit and some herbs. The fruit must always be fresh and washed.

### **The common garnishes are:**

**Lemons:** lemon skins impart lovely citrus flavour to drinks. It is best presented as twists of lemon peel.

**Lime:** A lime gives 16 wedges or slices. Wedges are used to moisten the rim of the glass to adhere salt or sugar. Slices are lime wheels used as decoration for cocktails.

**Orange:** Orange slices or wedges are used much the same way as lime is used in cocktails with a base of orange juice.

**Maraschino cherries:** These cherries are specially prepared for cocktail decorative purposes.

**Olives:** Olives go well with neat drinks like vodka and gin

**Pineapple:** Pineapple spears or wheels go as garnishes for tropical drinks, where pineapple juice is used.

**Mint leaves:** they are ideal for decorative purposes specially when a contrast in colour is desired

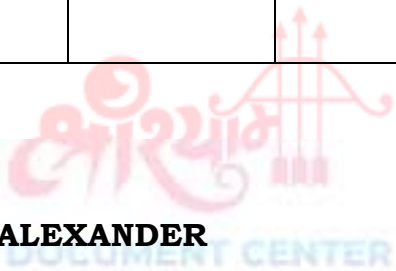
**Parsley:** Parsley shoots are used in some rinks more as a decorative item.

## Popular styles of Mixed Drinks

Sr.no	Style	Description	Method/Glassware
1	Collins	Ice, Sprit, lemon, sugar, syrup, soda	Build/shake; Collins
2	Coolers	Ice, Sprit or wine, Syrup, Soda/ginger ale/ Any carbonated drink	Build; Collins/highball
3	Rickey	Ice, sprit, fresh lime soda	Build; highball/old fashioned
4	Buck	Same as Rickey; instead of soda and lime Ginger ale and lemon are used	Build; highball/ old-fashioned
5	old-fashioned	Sprit Sugar, bitters, cherry, and orange for Garnish Sugar, bitters, ice whisky. It is simply Whiskey over the ice without any mixer. It is It is sweetened, flavoured, and garnished. Sugar cube is moistened with splash of soda or Water and bitters and then muddled with bar Spoon, filled with ices, quantity of spirit added And stirred quickly. Garnished with cherry, Orange Peel, or lemon	Build; old-fashioned
6	Mint julep	Bourbon, fresh mint, sugar, shaved ice It is a popular American drink. Sprigs of Mint are placed in a frosted glass with a spoonful of sugar and muddled with the base of the bar spoon. Measure of bourbon whiskey is added and the glass is filled with plenty of ice.	Build; highball
7	Martini	Gin, vermouth, garnish It is the most famous of all cocktails. The Drink was first made in 1860 in New York And the original recipe had gin, vermouth Maraschino and bitters. It was modified to 2 parts of gin to 1 part of vermouth in the Early 1900s and in the 1940s it was made Using 4 parts of gin to 1 part of vermouth And now it is 9 parts of gin to 1 part of Vermouth.	Stir; cocktail glass

8	Daiquiris	Chilled drink made with rum, lime and sugar	Shake; cocktail glass
9	Frozen	It is blended drink made with plenty of ice Daiquiris spirits liqueurs, sugar syrup, fruits, and Juice	Blend; goblet
10	Daisies	Sprit, lemon, Grenadine, crushed ice, soda Is optional; garnished with fruit	Shake; mug, goblet
11	Egg noggs	Sprit, egg, milk, sugar, nutmeg	Shake; mug
12	Fixes	Short drink made by pouring the ingredients One by one over the ice and decorated with Fruits, Served with straws	Build; goblet
13	Fizz	Spirits citrus juice, sugar, soda, egg, ice cube	Shake; highball
14	Flips	Same as egg noggs without mild and egg white; Spirits or fortified wine, sugar, egg yolk, nutmeg	Shake; goblet
15	Frappes	Spirit and/or liqueurs and crushed ice. Served With short straw	Build/shake; 6-12oz glass
16	Highball	Spirits, carbonated water, and ice cube It is simple and quickly prepared drink	Build; highball
17	Mist	Sprit, crushed ice	old-fashioned/rocks
18	Pousse- Café	Syrups, Liqueurs, and spirits of various densities are gently layered one over the other by gently Pouring over the back of the spoon. Each Ingredient is floated over the other	Layering; straight sided glass
19	Punches	Rum, hot or cold water, citrus fruit juice, sugar And fruits	Shake; Collins/goblet
20	Smashes	Smaller version of mint juleps, made from and Spirit, sprigs of mint, sugar crushed ices.	Build; old-fashioned/Rocks
21	Sling	Spirits, liqueur, citrus juice, soda ice cube	Shake/build; Highball

		garnish Collins/	
22	Sours	Spirits, citrus fruit juice, syrup, egg white	Shake; cocktail
23	Spritzer	Wine, Soda, ice cube	Build; highball/goblet
24	Cup	It is a hot-weathered drink of gin or wine base	Build/stir; highball/bowl
25	Sangarees	It is a sweetened drink made with spirits, wine And other alcoholic drinks	Stir; old fashioned
26	Swizzle	Spirits, sugar citrus juice crushed ice soda and Bitters are optional	Stir; highball
27	Toddy	It may be either hot or cold and served as refresher and soother. These drinks are flavoured with spices And usually contain a slice of lemon or lemon peel	Stir; goblet/old fashioned



## Classic Cocktails.

### 1) ALEXANDER

This drink is supposed to have been invented by Hollywood singing star, Nelson Eddy, more remembered for his recipe than his film.

1/3 brandy

1/3 brown crème de cacao

1/3 cream

Shake, sprinkle grated nutmeg on top

### 2) B & B

The traditional mix of half Benedictine and half

cognac, no ice no garnish.



### **3) BACARDI**

Must be made with worlds' largest selling

White rum brand

$\frac{3}{4}$  Bacardi white rum

$\frac{1}{4}$  fresh lime juice

$\frac{1}{2}$  bar spoon of grenadine

Shake, slice of lime

### **4) BETWEEN THE SHEETS**

A 1920s recipe with has become popular again

$\frac{1}{3}$  brandy

$\frac{1}{3}$  white rum

$\frac{1}{3}$  cointreau

1 dash of lemon juice

### **5) BLOODY MARY**

Supposedly the best hangover cure

1fl. Oz of vodka

4fl. Oz of tomato juice

2 dashes of Worcestershire sauce

1 dash of fresh lemon juice

celery salt

add Tabasco sauce & pepper to taste



IHM NOTES

Shake, stir or build

### **6) BLACK RUSSIAN**

2/3 vodka

1/3 kahlua

build into an ice filled old fashioned glass

### **7) BLUE LAGOON**

½ fl. Oz of vodka

½ fl. Oz of blue Curacao

lemonade

Pour vodka and Curacao over ice in a high ball glass.

Top with lemonade.

### **8) BOMBAY COCKTAIL**

½ brandy

½ dry vermouth

½ sweet vermouth

1 dash of pastis

2 dash of orange Curacao

Stir

### **9) BRONX**

A mixture of gin and both type vermouth.

Dates back to the early 20th century.

Good aperitif

½ gin

1/6 dry vermouth

1/6 sweet vermouth

1/6 fresh orange juice

### **10) CHAMPAGNE COCKTAIL**

An alternative to serving champagne straight dates back to the 19th century.

1 lump sugar

angostura bitter

2 dashes of brandy

champagne

Place sugar in a champagne glass, saturate with bitter and add brandy. Top it up with iced champagne & add a slice of orange or cherry.

### **11) CUBA LIBRE**

1fl. Oz of white rum

juice of half fresh lime

cola

### **12) DIAQUIRI**

Created in 1890s, it is named after a town in Cuba.

Fruit versions are also available

$\frac{3}{4}$  white rum

$\frac{1}{4}$  fresh juice

3 dashes of gomme syrup

### **13) DUBONNET COCKTAIL**

Uses the French proprietary brand

$\frac{1}{2}$  gin

$\frac{1}{2}$  dubonnet

Stir. Add a twist of lemon peel

Variation – dubbonnet royal

### **14) FLIPPS**

A family of drinks containing fresh egg yolk. Can be made

with spirits or wine. Served in medium sized wine glass

### **15) GINN FIZZ**

The combination of fizziness and sourness is what

makes it so refreshing

1 measure of gin

1fl. Oz of fresh lime juice

1 bar spoon of gomme syrup

Soda water

Shake together all but the soda water.

Top it up with soda water.

### **16) GIN SLING**

Precursor of the fizz family. It also came to have a bitter element

1 Large measure of gin

juice of one lemon

2 dashes of gomme syrup

soda water

Build together all but the soda water into an ice filled highball glass.

Stir in the soda water.

### **17) GIMLET**

Gin used is ideally Plymouth gin

2/3 gin

1/3 lime juice cordial

Soda water (optional)

Stir together all but the soda water. Serve on the rocks, splash of soda water if desired. Dry or bitter gimlet can be made by addition of angostura bitter and replacing lime juice with lime juice

### **18) Harvey's Wall Banger**

- 30 ml Vodka
- 30 ml galliano

- 150 ml Orange juice

Stir Garnish with orange slice and cherry. Float some Galliano on top.

### **19) JOHN COLLINS**

Normally a summer drink, long & refreshing, named after

a head waiter of England. In late 1930s and before, a John

Collins was made with Dutch gin & Tom Collins with old tom gin.

It's now accepted; however that drinks be made with

London dry gin & therefore identical.

Juice of 1 lemon

1 bar spoon of gomme syrup

1 measure of gin

soda water

Place some ice in a highball glass and add lemon juice,

syrup and gin. Top it up with soda water.

Stir & serve with a slice of lemon. Serve with straws

### **20) MANHATTAN**

Available in both sweet & dry varieties

Sweet

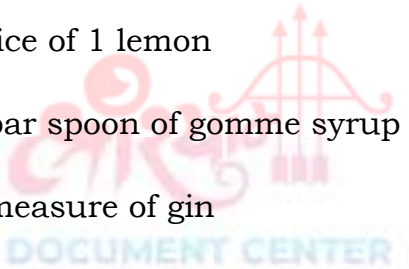
2/3 rye whiskey

1/3 sweet vermouth

Dry

2/3 rye whiskey

1/3 dry vermouth



IHM NOTES

1 dash angostura bitter

Stir, add a cherry

1 dash angostura bitter

stir, and add a twist of lemon

Peel

*Perfect*

2/3 rye whiskey

1/6 dry vermouth

1/6 sweet vermouth

Stir; serve straight up or on the rocks.

Add a twist of lemon peel & cherry.

## **21) MARGARITA**

Created in Tijuana, Mexico in late 1940s is probably one of the best known tequila cocktail.

Its saltiness & sourness make it a great aperitif.

2/5 tequila

2/5 fresh lime juice

1/5 triple sec

Shake, rub the rim of the glass with lemon to moisten and

then dip it in salt.

## **22) MARTINI**

The martini is the most famous of all cocktails, lot of argument over

its recipe & quantity of vermouth. James bond make

it even more popular by having vodkatini,  
vodka instead of gin.

Sweet

Dry

2/3 gin

2 ½ fl. Oz gin

1/3 sweet vermouth

2 dash dry vermouth

Stir, add a cherry

stir, and add a twist of lemon/olive

*Perfect*

2/3 gin

1/6 dry vermouth

1/6 sweet vermouth

Stir, add a twist of lemon

### **23) NOGS**

A class of mixed drinks served alcoholic & non alcoholic with  
milk & eggs.

Alcoholic nogs add a measure of spirit and it takes that name,

eg. Whiskey nog

Non alcoholic egg nogs....

1 egg

1 bar spoon soft sugar

½ pint milk

Shake well. Serve in 12oz tumbler. Grate nutmeg on top.



## **24) PIMMS CUP**

Cups are of English origin, the most famous being, the stirrup cup served to hunting party about to set off or travelers in need of hasty refreshment. Pimms no. 1 cup is a proprietary version created by James Pimm in 1820s.

He devised this recipe to mark out his own establishment in the city of London from the run of other oyster bars

There was once various version of Pimms cup.

Pimms no.1 – gin

Pimms no. 2- whiskey

Pimms no.3- brandy

Pimms no. 4- rum

Pimms no. 5- vodka

Pour Pimms into an ice filled highball glass then top it with lemonade, ginger ale or 7up.

Decorate with slice of lemon or orange & a rind of cucumber /mint.

## **25) PINA COLADA**

This is one of the most popular cocktail worldwide with a name meaning “strained pineapple”.

For that Caribbean touch, the drink may be served in

hollowed out pineapple shell.

2 measures white rum

2 measures pineapple juice

1 ½ coconut cream

Shake & strain into a cocktail goblet

## **26) PINK LADY**

Yet another of the “ladies” drinks. It dates before the First World

War and was named after a stage play. The pink color is obtained from a liberal dose of pomegranate syrup.

4/5 gin

1/5 grenadine

1 egg white

Shake

## **27) PLANTERS PUNCH**

This long, refreshing old colonial drink originated from sugar plantation of West Indies. It probably originated in 1655 as rum punch.

2 measures dark rum

1 measure lime juice

1 measure orange juice

½ measure grenadine

Dash of angostura bitter. Stir; top it up with soda water.

## **28) ROB ROY**

A further modification of Manhattan. Made with scotch and very much in the sweeter end of the spectrum.

Traditionally drunk on St. Andrews day, Nov 30.

½ scotch whisky

½ sweet vermouth

1 dash of angostura bitter

Stir, add a chRUSTY NAIL

2/3 Scotch whisky

1/3 drambuie

Stir, old fashioned glass. Twist of lemon

## **29) SCREW DRIVER**

This is named after an American oil rig worker developed the habit of stirring his drink with screwdriver.

1 fl. Oz vodka

4 fl. Oz fresh orange juice

Build into a large ice filled glass.

## **30) SIDE CAR**

¼ Brandy

¼ cointreau

¼ lemon juice

Shake

### **31) SINGAPORE SLING**

Usually attributed to far distant places with a warm climate.

Singapore sling has its origin in the famous raffles hotel, Singapore.

1 measure gin

juice of 1 lemon

½ fl. Oz cherry brandy

Soda water

Shake together all but the soda water.

Strain into an ice filled high ball glass.

Stir in the soda water. Add an orange slice.

### **32) TEQUILA SUNRISE**

This classical Mexican recipe of the 1930s takes its

name from the way the grenadine syrup first sinks to the

bottom and rises to the surface.

1 fl. Oz tequila

4 fl. Oz orange juice

2 dashes of grenadine

Build tequila & orange juice in large ice filled glass.

Stir & splash grenadine. Decorate with

orange slice & cherry.

### **33) WHISKY SOUR.**

Sours must be made with fresh juices

1 ½ fl. Oz whisky

1 ½ fl. Oz fresh lemon juice

½ fl. Oz gomme syrup

1 dash egg white

Shake, strain into large cocktail glass.

Decorate with a slice of lemon.

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1 ½ fl. Oz whisky

1 ½ fl. Oz fresh lemon juice

½ fl. Oz gomme syrup

1 dash egg white

Shake, strain into large cocktail glass.

Decorate with a slice of lemon.

### **36) WHITE LADY**

This is one of the classic cocktail recipes of the 1920s & is still going strong today.

½ gin

¼ fresh lemon juice

¼ cointreau

1 dash egg white

Shake.

### **Non Alcoholic mixers**

Although many of the drinks are commonly drunk unmixed, like Single malt scotch whisky aged brandies and rums, and various wines and beers, the great deal majority at all were it not for nonalcoholic mixers.

**Water:** The simplest of all mixers that dilute the strength of ardent spirits without altering the character of their basic flavour. Water is indispensable to whisky drinkers

**Fruit juices:** There are many kind different juices which can be pressed to service. Examples are:

- Orange juice
- Lemon Juice
- Lime juice.
- Pineapple juice.
- Grapefruit Juice
- Tomato juice
- Other fruit juices

**Sparkling beverages:**

- Soda water
- Tonic water ( quinine based Mineral water mainly used for Gin and Tonic)
- Lemonade
- Cola
- Ginger ale (ginger beer)

**Syrups:**

- Grenadine (juice of pomegranate)
- Orgeat (Flavored with almonds and smells like marzipan)
- Sirop de gomme or gomme syrup is actually sugar syrup
- Other fruit juice. ( rarely used)

